

# SIZE GUIDE

For all Russell garments



All of our measurements are based on actual “to fit” body sizes rather than the size of the garment itself. For example, a polo shirt with a chest to fit size of 92-97cm / 36-38” will fit someone with this chest measurement; trousers with a waist to fit 50 Europe / 34”, will fit a person with this measurement.

HERE ARE SOME TIPS TO HELP YOU CHOOSE THE MOST APPROPRIATE GARMENT SIZE(S):

## 1. CHEST

Men: Measure around the fullest part of the chest, 2.5cm below the underarm. Women: Measure around the fullest part of the bust.

silhouette of a women, amn and child in oder to explain measurements

## 2. COLLAR

Men: Measure around the base of the neck.

## 3. WAIST

All: Measure around the natural waist, keeping the measuring tape taut.

## 4. LEG LENGTH

All: Measure from the top of the inside leg at the crotch down to where the trousers are normally worn with shoes.

## 5. HEIGHT

Children: Standing still with feet together and flat on the floor, measure from the top of the head to the ground.

LADIES'	XXS	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
CHEST TO FIT (CM)	72-77	77-82	82-87	87-92	92-97	97-102	102-107	107-112	112-117	117-122	122-127
CHEST TO FIT (INS)	28-30	30-32	32-34	34-36	36-38	38-40	40-42	42-44	44-46	46-48	48-50
DRESS SIZE											
UK	6	8	10	12	14	16	18	20	22	24	26
FRANCE	34	36	38	40	42	44	46	48	50	52	54
ITALY	38	40	42	44	46	48	50	52	54	56	58
GERMANY/EUROPE	32	34	36	38	40	42	44	46	48	50	52
MEN'S	XXS	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
CHEST TO FIT (CM)	82-87	87-92	92-97	97-102	102-107	107-112	112-117	117-122	122-127	127-132	132-137
CHEST TO FIT (INS)	32-34	34-36	36-38	38-40	40-42	42-44	44-46	46-48	48-50	50-52	52-54
DRESS SIZE											
GERMANY/EUROPE	44	46	48	50	52	54-56	56-58	58-60	62-64	66-68	70-72

Kinderen:

	XS	S	M	L	XL	2XL	3XL	4XL
AGES (YEARS)	1-2	3-4	5-6	7-8	9-10	12-13	13-14	15-16
HEIGHT (CM)	90	104	116	128	140	152	164	176
CHEST TO FIT (CM)	51-56	56-63	63-71	71-76	76-81	81-86	86-91	91-96
CHEST TO FIT (INS)	20-22	22-25	25-28	28-30	30-32	32-34	34-36	36-38